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Challenges in Developing Stable and Efficient Probiotic Formulations

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Summary

Challenges in Formulating Probiotics

Formulating Probiotics in Capsules

- Increase Shelf Life: Low moisture capsules
- Protection from Stomach acidity: DRcaps™
- Probiotics for Consumers with Swallowing Difficulties: Coni-Snap® Sprinkle Capsules
- Combination Products: DUOCAP™

Conclusion

Capsugel at a Glance

Regulatory Agency

World's Leading Provider of dosage form solutions for Health & Nutrition, OTC, Generics, Specialty & Branded Pharmaceuticals





1 hard gelatin and vegetarian capsule manufacturer Innovative, High-Quality, Products, Services, global scalability



Innovative drug-delivery technologies, specialized manufacturing, and a collaborative approach to address clients' most pressing product development challenges

Challenges in Formulating Probiotics

Parameters Influencing Probiotics Stability

Probiotics have to pass two main hurdles:

- Stability over shelf life
- Efficient delivery in appropriate site in the GI tract

Parameters influencing Stability:

- Humidity
- Temperature
- Pressure/ temperature build up during tableting
- Coating stressful conditions
- Acid stomach conditions

We will focus our presentation on solutions developed by Capsugel to efficiently formulate lyophilized probiotics

Formulating Probiotics In Capsules

Challenges	Capsugel Solution
Maximum Shelf Life	Adapt water content of capsule to offer best conditions ensuring long shelf life.
Strain survival and efficiency	Specific capsule was developed to ensure passage of probiotics through stomach.
Specific needs of children and consumers with swallowing difficulties	Easy-to-open capsule for sprinkle usage on food without capsule swallowing.
Combination products	DUOCAP™: "2-in-1" capsules that allow effective delivery of combination products.

Increase Shelf Life: Low Moisture Capsules

Specialty Polymers: HPMC Capsules

Capsugel has developed HPMC capsule line with different film compositions.



Mechanical Properties: HPMC Capsules

Gelatin capsules exhibit reduced mechanical resistance when water content decreases.

Standard HPMC have an increased mechanical stability at all humidities.



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Stability in Vcaps[®] Low Moisture Packed in Alu / Alu Blister



Probiotic stability in Vcaps Packaged in Blister

High stability observed with Low Moisture HPMC up to 24 months minimum

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Stability in Vcaps[®] Low Moisture Packed in Aluminum Tube with Desiccant



High stability observed with Low Moisture HPMC up to 24 months minimum

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Protection from Stomach Acidity:

Protection from Stomach Acidity: DRcaps[™] capsules

Composition of DRcaps[™]

Composition:

- HPMC (Hypromellose) is produced from pine tree cellulose
- Gelling agent
- Water

Properties:

Capsule is resistant to dissolution in acidic media





In-Vitro Tests

Capsugel evaluated the resistance of DRcaps[™] capsules to acidic media by different methods:

- In-Vitro Dissolution
- In-Vitro Disintegration
- In Vitro GIT Model, SHIME (Prodigest Simulator of the Human Intestinal Microbial Ecosystem)

A novel hypromellose capsule, with acid resistance properties, permits the targeted delivery of acid-sensitive products to the intestine

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DRcaps[™]capsules: Acid Resistance – In Vivo

DRcaps[™] capsule Human Clinical Study (N= 8 subjects)

Key Study Findings:

- DRcaps[™] capsules displayed delayed release properties
- Disintegration started approximately 52 minutes after ingestion
- For the majority of subjects, complete release took place in the intestine
- Complete release occurred 20 minutes after the onset of release



Probiotics for Consumers with Swallowing Difficulties: Coni-Snap® Sprinkle Capsules

Rationale for Developing Coni-Snap® Sprinkle Capsule

Swallowing issues	 Affects 35% of the general population and 18%-22% of all persons in long-term care facilities 45% of institutionalized elderly and 36 %
	of adolescent report swallowing issues
Coni-Snap® Sprinkle	 Evaluation of product performance by 37 participants in 2 panels Parents of young children Elderly individuals (over 80) and not impaired
35 - 30 - 25 -	
20 - 15 - 10 - 5 -	 Easy Difficult 81% of Participants found new design easy to open
0	Regular Design



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Combination Products DUOCAP[™] capsules

DUOCAP[™] Probiotic capsule

DUOCAP[™] technology creates an internal barrier to prevent water migration in probiotic internal capsule:

- Perfect for moisture sensitive compounds: Glycerol in external capsule prevents water absorption in internal capsule
- Designed to improve stability and facilitate delayed release
- Internal capsule can be DRcaps™: delivers probiotic in intestine
- Could allow second ingredient to expand health claims (e.g. Vitamin D)





Proof of Concept

Inner capsule Vcaps® Plus size 3 Filled with 100% Probiotic

Filled in outside Vcaps[®] Plus size 00 Containing glycerol



Storage conditions:

• 4-8° C and 25° C/60% RH

Storage conditions	то	T 1M	T 2M	T 3M	T 6M	T 9M	T 12M	T 18M	T 24M	T 36M
4-8°C	х	х	х	х	х	х	х	х	х	х
25°C/60% RH		х	x	х	x	x	x	x	x	x

Packaging:

• PP bottle (no desiccant)

Tests performed:

 Total count viability performed by Capsugel QC department in Colmar

Latest results:

 Stability confirmed after 24 months at 25C/60% RH for DUOCAP[™] with glycerol in outer capsule

Stability Results

Stability of Probiotic in Glycerol DuoCaps filled in PP bottle stored for 24M at 25°C/60%RH



Conclusion

Capsugel's Probiotic Portfolio

Solutions	Applications	Polymer
Vcaps' Vcaps'	Increased shelf life can be obtained with low moisture HPMC capsule	HPMC Low Moisture
hypromellose capsules	Survival and efficiency: probiotics are protected and delivered to intestine	HPMC
Coni-Snap ^e sprinkle easy open capsules	Alternative to Sticks and Sachets, Solves swallowability issues	Gelatin and HPMC
DUOCAP™	Synergy enhancement, efficacy in protecting probiotics in presence of other actives	HPMC

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